

**SPIRITUAL WARFARE SERIES**

# **SPIRITUAL STRATEGIES**



“Blessed be the LORD my Rock, who trains my hands for war, and my fingers for battle—”  
Psalms 144:1 NKJV

No one goes into war and just begins forming the strategy for victory in the middle of the battle. Such a plan is surely doomed for failure. Battle strategies are formed in time of peace not in war, so the soldier is ever ready and knows what to do should the enemy strike.

There is a constant spiritual war raging and whether we like it or not, as believers we have a role to play in the battle. But God in His wisdom and kindness doesn't just leave us to figure things out on our own. He's given us His word as a guide for training even as He equips us with the power and authority we require to be victorious in the battle.

This series we will look at some of the strategies God uses to train and prepare us for battle. Our prayer is that as we go through this series the Lord will open your eyes and heart and give you understanding of how God prepares His children.

Stay connected.



## Day 1

### Resolution

'But Daniel purposed in his heart that he would not defile himself with the portion of the king's delicacies, nor with the wine which he drank...' Daniel 1:8

One of the critical spiritual strategies is resolution. Your mind must be made up about what you're standing for and what you believe in. If you're not determined about anything, you will be easily swayed and lose out a lot. In the verse above, Daniel determined in his own heart that he would live differently. His relationship with God was more important to him than blending in with the rest of the people.

'But the Lord God helps me... therefore I have set my face like a flint...' Isaiah 50:7

'[looking away from all that will distract us and] focusing our eyes on Jesus...' Hebrews 12:2  
AMP

There's a mental position we have to take where we decide clearly that we will set our eyes like flint – focused on God and not willing to be distracted by anything else. This mental positioning is critical as it sets the foundation for what we will or will not tolerate in our lives, either by ourselves or from others. When we determine to fix our eyes on Jesus, we will not be overly concerned by what others are doing or saying.

'Now God granted Daniel favor and compassion in the sight of the commander of the officials' Daniel 1:9

'If we are thrown into the blazing furnace, the God whom we serve is able to save us. He will rescue us from your power, Your Majesty. But even if he doesn't, we want to make it clear to you, Your Majesty, that we will never serve your gods or worship the gold statue you have set up.'" Daniel 3:17-18 AMP

When the Lord sees that we have made a resolution for Him in our hearts, He begins to strengthen us and help us in the area we're determined to stand for Him. He could grant us favour like Daniel or strengthen us with an unshakeable resolve like the Hebrew boys in spite of what they faced. God will always help those who take a stand for Him

**Prayer:** Lord strengthen my resolve to stand for you no matter what.



## Day 2

### Praise

'After the death of Joshua, the Israelites asked the Lord, "Which tribe should go first to attack the Canaanites?" The Lord answered, "Judah, for I have given them victory over the land.'" Judges 1:1-2

'Before the battle the Israelites went to Bethel and asked God, "Which tribe should go first to attack the people of Benjamin?" The Lord answered, "Judah is to go first.'" Judges 20:18

Whenever Israel went into battle, there was typically a formation and soldiers representing different tribes went in order of their tribes. The Bible tells us that in a number of Israel's battles the tribe that went first was Judah. Why is this important? The principle of Judah – which means the praise of the Lord – leading the tribes gives us a strategy for engaging in our own battles.

'At the very moment they began to sing and give praise, the Lord caused the armies of Ammon, Moab, and Mount Seir to start fighting among themselves.' 2 Chronicles 20:22

Praise is a very effective spiritual weapon as it takes our eyes off ourselves, stops us from engaging in negativity and re-focuses us on the one who is greater than we are. There's something about wholehearted praise that ushers in God's presence and releases angelic assistance on our behalf. Praise doesn't mean everything is already okay or we have seen the answer we may be looking for. But we're telling God that regardless of the outcome, we trust Him and still honour Him as Lord over our lives and give Him all the glory.

'Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.' Hebrews 13:15

Praise should be the lifestyle of the believer, not only when there's an issue to be resolved. As we continuously offer God our praise (and sometimes it could be when it's what we least feel like doing), we invite Him to come into and remain in our situation. As we praise, we become less burdened by what we see or are going through and are more focused on who God is and how unlimited He is. So, before you engage in complaining or worrying about something, spend some time praising God first for who He is and what He's done in your life and the lives of others.

**Prayer:** Lord, let your praises never depart from my lips.



## Day 3 Alignment

'... ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better.' Colossians 1:9-10

There are many additional battles we fight simply because we are out of alignment with God's plan for our lives. One of the strategies to minimize unnecessary battles in life is to pursue alignment. When you're in alignment, you have the assurance that the grace of God will back you up, regardless of whatever challenges may come up. Alignment can be tackled in two ways: in the place of prayer and the actions we take. In prayer, asking specifically for the complete knowledge of God's will and the grace to do His will and then taking the necessary steps.

'Seek his will in all you do, and he will show you which path to take.' Proverbs 3:6

Partial knowledge of God's will or selecting which parts of our lives we choose to seek God's will for can be dangerous. Therefore it's important that we ask for the complete knowledge of God's will for every area of our lives. As we pursue this in the place of prayer and God begins to reveal His will for us, the next step is for us to take action.

'But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.' James 1:22

'I will hurry, without delay, to obey your commands.' Psalms 119:60

The critical part of aligning with God's will is not just hearing what to do, but actually doing it. God is faithful, as we pray consistently and genuinely concerning His will and He answers, He expects that we respond by taking the necessary action promptly. Doing so not only preserves us but may also avert unnecessary battles.

**Prayer:** Lord please give me complete knowledge of your will and the grace to do what you instruct. Bring every aspect of my life into alignment with your plan for me.

## Day 4 Stillness

'and after the earthquake a fire, but the Lord was not in the fire; and after the fire a still small voice.' 1 Kings 19:12

Yesterday we looked at alignment and seeking God for His will for our lives. But it's important to note that it will be difficult to hear God or execute His will effectively if we are distracted. In 1 Kings 19:11 onwards, the Lord told Elijah to come out of the cave he was hiding in to meet Him. There were a lot of spectacular things that happened after the instruction came – mountain breaking winds, earthquakes, fires – but the Lord wasn't in any of these. He showed up in the still small voice which Elijah could easily have missed.

'Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!' Psalms 46:10

One of the strategies for waging war effectively is stillness. It may appear counter-intuitive to be still as warfare suggests activity but remember God's ways are not our ways. It's in stillness that we don't get caught up in the spectacular and get side tracked by distractions. It's in stillness that our spirit is calm so we can hear more clearly what the Lord is saying. As we are still our spirit is able to sieve the clutter from the essentials. It's in stillness that we are able to put aside our own wants and focus on what God desires.

'And Elijah... said to Ahab, "As the Lord God of Israel lives, before whom I stand..."' 1 Kings 17:1

Elijah was clearly used to being still before God, which is why he was able to discern His presence. If we really want to hear from God, we need to cultivate the art of stillness. Don't rush into activity once you're done praying. remain there quietly and ask God to speak to you. Throughout your day intentionally create brief periods of quietness when you're not involved in activity but just coming before the Lord, asking for grace to be still. It takes consistent practice, but it is a strategy worth investing in.

**Prayer:** Lord, please teach me how to be still.

## Day 5 Understanding

'...And with all your acquiring, get understanding [actively seek spiritual discernment, mature comprehension, and logical interpretation].' Proverbs 4:7

Most errors we run into occur due to a lack of accurate understanding of a person/situation/decision, etc. Our ability to accurately discern, comprehend and interpret any given situation is what often positions us effectively for victory. This is one of the reasons the Bible places such a strong emphasis on getting understanding. The question someone may ask is how then do we get this understanding?

'And the Spirit of the Lord will rest on Him— The Spirit of wisdom and understanding... ' Isaiah 11:2

'And He opened their understanding, that they might comprehend the Scriptures.' Luke 24:45

We're not talking about the type of understanding that comes from studying at school or acquired through human intellect or other interactions. Rather we are looking at the type provided by the Holy Spirit, the One who knows all things. The Bible tells us that the spirit of wisdom and understanding rested on Jesus as an enabler to help Him succeed during His earthly ministry, and as believers we have access to this same Spirit. When Jesus was teaching His disciples, the verse above tells us that he opened their understanding which shows that it's possible to interact with, see and/or hear something and still not have the full understanding of what is really going on.

'From the tribe of Issachar... All these men understood the signs of the times and knew the best course for Israel to take.' 1 Chronicles 12:32

When our understanding is opened up then we are more likely to respond accurately. What stood the men of Issachar out wasn't just their understanding of the times, they also knew the best course to take. The two go hand-in-hand. This can only come by the help of the One who knows the end from the beginning as He directs our steps and minimizes the opportunity for the enemy to derail us from God's perfect path for us.

**Prayer:** Lord, please open my understanding. Help me understand the times and seasons and know the best thing to do.

## Day 6

### Submission

“Therefore submit to God. Resist the devil and he will flee from you.” James 4:7 NKJV

This scripture is quoted fairly often, however a lot of times the first part is left out. The devil doesn't flee from us just because we resist him, he flees because we have first submitted to God. Submission to God is a powerful strategy because when we do so we're bringing everything in our lives under His authority and Satan will always bow to God's authority.

“I also pray that you will understand the incredible greatness of God's power for us who believe him... Now he is far above any ruler or authority or power or leader or anything else—not only in this world but also in the world to come.” Ephesians 1:19, 21 NLT

When we submit to God we're submitting to the one in whom we have victory every time! We're submitting to the power of the cross and the power of the resurrection of Jesus. Our submission to God elevates us over the powers of the flesh and the enemy and everything that comes against the will of God for our lives.

“He went on a little farther and bowed with his face to the ground, praying, “My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine.”” Matthew 26:39 NLT

When it was time to go to the cross Jesus knew he was going to go through unimaginable suffering so even He had to bring himself under God's submission. He prayed one prayer for three hours in the garden of Gethsemane: for God's will to be done. This gives us an indication of how to submit to God. It starts from the place of prayer because our natural desire may be contrary to what God would want. As we pray and allow God to help us step away from our personal desires and ambitions, then the Holy Spirit can take over. And there's no power that can contend with the power of the Holy Spirit.

**Prayer:** Dear Lord, thanks you for the power you have made available to me in you. Give me the grace to live a life that is totally submitted to you so I can experience victory in every area.



## Day 7 Revelation of God

'that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him' Ephesians 1:17

What is revelation? Very simply it is a divine or supernatural disclosure, something that a human being can't make known to you. One of the things that we desperately need revelation about is who God is and who we are in Him as we can be held back by both the enemy and our mindsets when we don't yet have this revelation.

'Remember the former things of old, For I am God, and there is no other; I am God, and there is none like Me, Declaring the end from the beginning, And from ancient times things that are not yet done, Saying, 'My counsel shall stand, And I will do all My pleasure,'" Isaiah 46:9-10

'He made heaven and earth, the sea, and everything in them. He keeps every promise forever.' Psalms 146:6

'Do you not know that you are the temple of God and that the Spirit of God dwells in you?' I Corinthians 3:16

When we have a revelation of who God is, and the fact that Jesus already won victory for us on the cross, our spiritual posture automatically changes. As a believer you are carrying divinity within you. The maker of all things seen and unseen. The one who cannot be stopped. The one who is ever faithful. The one who has times and seasons in His hands. The one who has said He will never leave you nor forsake you. Paul had a revelation of this which is why he prayed the prayer in Ephesians 1:17 onwards and could also declare boldly: '...If God is for us, who can ever be against us?' (Romans 8:31).

When you know whose you are, a number of things will automatically give way in your life as your spiritual posture changes from one of being fearful to being bold. Boldness because you do not stand alone, but as the representative of this awesome God here on earth. Boldness to face whatever challenges come your way because you know the Lord will work all things out for good.

**Prayer:** Lord grant me a revelation of the true knowledge of who you are and who I am in You. Let the core of my being be filled with light by the Holy Spirit, so that I will know what You have placed in me and what You can do through me.



## Day 8 Alertness

“but while men slept, his enemy came and sowed tares among the wheat and went his way.”  
Matthew 13:25

A strategy the enemy uses to wage war is to plant tares in our lives when we're not spiritually alert. What are tares? In this context they are the plans and traps that the enemy plants in our lives when we're not paying attention. This tells us that one of the key strategies we require in spiritual warfare is spiritual alertness.

“So be on your guard, not asleep like the others. Stay alert and be clearheaded.” 1  
Thessalonians 5:6 NLT

“And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed.” Romans 13:11

The Bible isn't talking about physical sleep, but a state of spiritual slumber which could be caused by many things – laziness, ignorance, sin among others. How do we come out of spiritual slumber? First is to repent of whatever is causing the slumber in the first place. Second is devoting time in prayer and study of the word as these are powerful tools for alertness. As we invest in studying the word of God, our spirit is strengthened and our prayers are more focused and in line with God's will. Consistent practice of this combination helps our spirits become more alert and increases our sensitivity to what the Holy Spirit is saying to us and our ability to respond appropriately. When we're not alert we miss the Holy Spirit's promptings and leave the door open for the enemy to plant the tares.

“See, I have this day set you over the nations and over the kingdoms, to root out and to pull down, to destroy and to throw down, to build and to plant.”” Jeremiah 1:10

What happens when the tares have already been planted? As believers we have the right to exercise our authority to uproot them and nullify their impact in the name of Jesus. And we should do so daily. But ideally we shouldn't allow the enemy the constant opportunity to disrupt God's plans for us in the first place. Being alert minimizes the things that go unnoticed by us both in our lives and the areas that concern us.

**Prayer:** Lord wake my spirit up and remove from my life the things that cause spiritual slumber. Help me stay clear headed and alert at all times.

## Day 9 Obedience

"If you love me, obey my commandments.' John 14:15

Obedience to the instructions Jesus gives us is one of the powerful strategies we can employ. By walking in obedience, we demonstrate that our allegiance and is fully to Jesus as Lord over our life. And if He is Lord over our life, that means the one that has authority over us is the one who is Lord over everything. As Colossians 2:15 tells us: 'In this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his victory over them on the cross.' But beyond this there are a number of benefits that we have access to simply by walking in obedience to the Lord.

'If you are willing and obedient, You shall eat the good of the land' Isaiah 1:19

'But if you indeed obey His voice and do all that I speak, then I will be an enemy to your enemies and an adversary to your adversaries.' Exodus 23:22

'He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him.'" John 14:21

The verses above are just a few of the benefits of walking in obedience that the Bible highlights. Therefore, it means that just by walking in obedience many issues that we may encounter in life will be taken care of without us having to expend undue energy. When our ways are right with God, He takes on our battles Himself, and we already know that He can never lose.

'Through Him we have received grace and apostleship for obedience to the faith among all nations for His name' Romans 1:5

Obedience doesn't come through willpower or human effort, there's a grace that God releases to us when we start to honestly desire to walk in a way that pleases Him. The more we desire it, the more the grace that is released to us. So one of the critical things we need to do is to ask for the desire to walk in obedience and the grace to obey.

**Prayer:** Lord, I don't always obey you, but I desire to live a life that pleases you. Please give me the grace to walk in obedience to you.

## Day 10

### Maturity

'When I was a child, I talked like a child, I thought like a child, I reasoned like a child; when I became a man, I did away with childish things.' 1 Corinthians 13:11

Growth is a natural occurrence in life. For as long a person is alive, that person will continue to grow in age as he/she becomes older in years. Maturity on the other hand is intentional and deliberate as it involves a person actively developing the specific aspects of character. It is the same in the spiritual. We can grow in number of years of being a believer just by virtue of years passing by. However, spiritual maturity isn't automatic, it's the result of deliberately seeking to develop in the things of God in our character – not in outward demonstrations.

'As Jesus grew, so did his wisdom and maturity...' Luke 2:52 (TPT)

'Solid food is for those who are mature, who through training have the skill to recognize the difference between right and wrong.' Hebrews 5:14

The Bible tells us that Jesus grew in maturity which shows us that maturity is something that is continuous – there is always room for growth and as we desire it and cooperate with Him, the Lord takes us through diverse processes to bring out the character of Christ in us. We get to the point that the Holy Spirit is able to train us to develop our spiritual senses and by so doing eliminate many errors from our lives.

'I once thought these things were valuable, but now I consider them worthless because of what Christ has done.' Philippians 3:7

There are some niggling challenges or besetting sins that we keep facing over and over that spiritual maturity takes away from us. This is because as we grow in maturity our focus shifts from the things around us to Jesus. We concentrate less on what we want and more on what Jesus wants. As a result, it becomes easier for us to let go of many things that may have held us back before and reduces the opportunity for the enemy to have a hold on our lives.

**Prayer:** Lord help me grow in spiritual maturity and grant me the grace to put becoming like you above everything else.

Thank you for completing the study. We'll love to hear from you, so please connect with us on:

[Instagram](#)

[Facebook](#)

Or send us an Email: [aheartofwisdom@gmail.com](mailto:aheartofwisdom@gmail.com)

©Aheartofwisdom

